

# CRUX NUMBER 4

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CRUX is published by CRUX PUBLICATIONS at P.O. Box 1094 - Paris, TX 75460. The continuation of our "Focus On New Mexico" which began in CRUX No. 3 has been postponed until a future issue. Also, the issuance of our sister publication, STIGMATA (No. 24) has been delayed so that we may bring you an in-depth report on the UFO abductions of Christa Tilton, wife and partner of CRUX editor Tom Adams. We solicit your comments and feedback.

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Christa Tilton. Her story, "The Triad Experiment", begins on page 2.



"The Doctor"- The entity who has dealt with Christa Tilton during most of her abductions.

# THE TRIAD EXPERIMENT

How many out there have missing time they cannot account for? How many are plagued by intense, repetitive dreams of meetings and communications with what appear to be non-human, other-worldly beings? How many are continually frustrated by their inability to learn the truth about their experiences, or suffer insomnia, fearful of what may happen if they sleep?

How many ponder the confusing dichotomy between what appears to be at once physical yet less-than-physical.....astral, spiritual, etheric - always evading the grasp of flesh? Is it supernatural - or technological - or both? Who are the communicants: Angels? Demons? Emotionless drones? What do they want? Or do they want? Or do they just "do"? Are they engineers? Alchemists? Or simple gardeners? Are they invading? Deceiving? Subverting? Manipulating? Or are they here to nurture us, to urge us on in our presently feeble quest to discover who we are, where we are going, and why?

Are they leading us to our demise, or preparing us for a future of awakening and awareness, as we barrel through the universe at the speed of destiny?

Must those who have had experiences and communication with alien entities be consumed by fear and apprehension? Unfortunately, many are. Is there an alternative view - one which sees the real possibility of a more positive and beneficial outcome? Yes. And it is from this perspective that Christa Tilton surveys her experiences. Following her own "awakening" in the mid-1980's, she began to pull memories of her experiences from her subconscious, to be followed by incidents occurring physically before her, in the "waking" state. The experiences are related to what have been termed "UFO abductions", with her experiences dating back to (as far as can be determined at present) the age of 10.

Through regressive hypnosis and conscious recall, Christa Tilton has provided information regarding the following series of UFO-abduction experiences (and the indications are that there are more):

## Tucson, Arizona - Summer 1962:

At dusk, 10-year-old Christa was looking for rocks in the desert of suburban Tucson. After watching a "fireball" land or crash, she was approached by a 5-ft.-tall gray being who "traded" rocks with her, then took her on board a craft. She was examined physically and, to alleviate her fears, was told that they were "planting a garden". On board she met a more human-appearing being she would come to think of as the "Doctor". She would see him several times in future experiences.

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Tulsa, Oklahoma - Fall 1971:

Gray aliens took her from apartment and onto craft, where she was implanted with fertilized ovum.

New Orleans - Early winter 1971:

Hypnotic regression disclosed that gray aliens took her again, this time extracting the fetus prematurely; something had gone wrong. There was a taller "gray" that seemed to be in charge; about 5 feet tall, like the one in Tucson in 1962. This was the most disturbing, most traumatic of Christa's experiences. She was shown stacks of incubators containing fetuses. She saw what was apparently a hologram of a human child, a girl of about 10 years old. She was told this was the daughter she would give birth to in the future. Also on board was the human-like alien, the "Doctor".

Tulsa - February 1976:

Following a long period of no sexual activity, Christa was suddenly pregnant. Regression disclosed implantation of another fertilized ovum. She would later meet the father. The pregnancy resulted in the birth of a daughter who, at the age of 10, looked identical to the child she had seen in the "hologram" in 1971.

Tucson - October 1985:

On a night when, it was reported in the media, 60 UFOs were seen in formation over Tucson, Christa was taken, abducted - though astrally, not physically. She ended up in a "beautiful place", possibly a huge craft - or a large underground facility. She saw tall robed beings and short grays, and attended a presentation by a charismatic being in an arena. She had a personal meeting with this being. He told her she was "chosen" and had been abducted many times. She experienced something like an electrical charge when he touched her forehead, after which she felt "changed forever".

South of Tulsa - March 30-31, 1987:

Driving late that night, she was directed to a secluded area where she heard a beeping sound and, while fully awake, saw an alien craft land, gently "bouncing" as though on shocks. She then lost consciousness and was taken on board where she was examined on a table. Looking across the room, she saw the father of her child, dressed like the other ufonauts, in a jump-suit-type uniform with a feathered-serpent patch (an emblem she had seen in earlier experiences). (She had previously seen this man twice, in earthly society). Communication between Christa and the man was discouraged, and he was sent out of the room.

Tucson - July 1987:

Christa had driven to the north side of the Catalina Mountains. She encountered a craft and was approached by its occupants. She resisted and was physically pulled across rocky ground, damaging the nightshirt she was wearing and leaving scratches on her back (a woman friend, staying with her in Tucson, would later photograph the scratches). Also, she had locked her car door, but the aliens opened it anyway. There is little recall at present about what occurred on the craft, except there was some discussion about "emotions", "hormones" and a "chemical imbalance in the brain"; plus something was done to her ears. The aliens revealed to her that her daughter, too, had been abducted (She would later come to her mother with a "dream" of such an event - see interview). Shortly after this Tucson abduction, it was revealed to Christa (and not by aliens) that U.S. government agents witnessed and photographed the incident!

## **CHRISTA TILTON: INTERVIEW**

IN EARLY 1989, RESEARCHER TOM ADAMS QUESTIONED CHRISTA TILTON REGARDING THE EFFECTS OF HER EXPERIENCES, HER FEELINGS TOWARD THE ALIENS, EFFORTS TO COPE WITH HER MEMORIES OF THESE EVENTS AND THE MESSAGE SHE WOULD IMPART TO OTHER ABDUCTEES.

Question: When did you first become aware of having had UFO-related experiences?

Answer: In 1984 I had begun to question certain values in my life - spiritual values and so forth. I began to exhibit characteristics of a person under severe stress, with anxiety attacks, panic attacks. I had a series of disturbing dreams in which I appeared to be involved with alien forces.

Q: What was the nature of these dreams?

A: I can give you an example. They were so vivid. In the first dream, there was an alien pointing to the sky and showing me where they were from. Now, at this time - in 1984 - I was not aware of anything going on in ufology. I knew nothing about science fiction; I never read it. I knew nothing about astronomy, star systems, names of constellations. I just wasn't interested. In the first dream, with the alien pointing to the sky, two names were mentioned: Sirius and The Pleiades. These dreams then continued on successive nights, but each dream was differ-

ent. In the second dream was a large silver metallic sphere. It followed me everywhere I went and I knew that the aliens were monitoring my activities. I dream very vividly and in color and the dreams that are especially meaningful to me...I always remember in detail.

In the third dream, I saw a bunch of UFOs in the sky. Then a human-like alien visits the doctor's office where I worked. He was needing to discuss something with my doctor. He spoke on the phone to the doctor in an unknown language - I could not understand it. Later I was told the conversation had to do with medicine and I wouldn't understand anyway. While all this was happening I could feel everything vibrating. I looked out the window and in the parking lot was a spaceship levitating about two feet off the ground.

In the fourth dream I saw a huge cage-like craft, orange in color, over my house. I remember the "cage" was shaped like an oval and you could see a little occupant inside grasping onto the sides of the "cage", and it swinging in the sky over my house.

In the next dream, I was on board a craft with two aliens, one behind me and one standing in front of me. The one in front holds my arms and the alien behind me inserts a metal pencil-like device in my lower spine. I remember feeling the horrible pain. I struggled away and ran down a hall or corridor. I can recall seeing myself as though I was standing across from myself, out-of-body. I found my skin turning blue and I fell to the floor. I called for someone to help me - I was sure I was dying. In my head was a loud, annoying buzzing sound and then everything went black.

Q: How did you feel about these dreams. Did they make you uncomfortable?

A: It was very disturbing. There was something else that happened. Being a born-again Christian, I did not believe in reincarnation. One day I was watching TV with some friends, and Shirley Maclaine was on, talking about reincarnation and past lives. We were all laughing and making fun of her. That night, I had a very vivid dream in which I recalled a former life of mine in France in 1762. When I woke up I knew my life was never going to be the same again. After that, I felt very drawn to Shirley Maclaine, even feeling that I had known her before, and I felt she was somehow connected to some experiences I had. This was in 1984. It was shortly after that that I had the series of UFO-related dreams.

Q: What else occurred that made you feel something out-of-the-ordinary was going on?

A: I have an aunt who lives in Tucson, Arizona, and I've been there several times. In 1985 I felt a strange urge to go to Tucson. I was later to find out that it was near my aunt's house that I was first abducted in 1962. I went to my aunt's in October of 1985 and stayed there a month. After arriving, I had a continual sense of apprehension and I didn't know why. I would usually not go to bed until after mid-

night; but on this particular night I went to bed much earlier. I woke up around 1:00 AM with an urge to write about a dream I just had. In it a beautiful blond man came to me and asked me to come with him. Then I remember arriving at a beautiful place. I saw tall, blond beings with long robes on and there were other beings which appeared to me to be robots.

Q: What was the appearance of these robots?

A: They were short, maybe 3 to 4 feet tall, and gray. I was more curious than fearful. I remember asking about the difference between these tall blond beings and the little robots. I was told the short ones were programmed to fly the small scout ships into the earth's atmosphere.

Then, I was led into a semi-circular arena with a podium at the bottom. I sat and listened to a presentation by someone who was referred to as "The Master". Because of my religious orientation, I believed that someone called "The Master" could only be Jesus Christ. Later I was brought before this "Master". His eyes were the bluest blue I had ever seen. He told me that I had been brought to this place for several reasons. He said I would soon be given a guide to help me with a transition I was about to make. I felt that I somehow knew the other people there and I was thinking that he told me, "Yes, they are a part of you". He told me that I had been taken back to the area where I had been abducted as a child, but that much of my experience with them would be blocked from my memory until the proper time. He extended his arm and touched my forehead. There was something like an electrical charge, and at that moment I felt that I had been changed forever. It was like another "born again" experience, but even more strong and forceful. It was then explained to me that this "master" was not Jesus. I had felt only unconditional love from him. The next thing I remember, this blond-haired guide was carrying me back to my aunt's house - and there was my body lying on the bed. He laid me down inside my body. I felt I had known him forever. He touched my forehead just where the Master did and I fell into a deep sleep.

I felt really eerie when I woke up at 1:00 AM. I was shaky and in a cold sweat. I knew I had to write all this down. It was so vivid. I went back to sleep and I felt wonderful when I awoke later that morning. That evening I was watching a local newscast on television. Sixty UFOs had been seen crossing over Tucson in the early morning hours. Tucson air traffic controllers tracked the objects but were unable to contact or identify them. They were in groups of 10 to 15 and they crossed right over the Catalina Mountain area where my aunt's house is located - as I lay there dreaming - or was it a dream?

Q: What was your reaction to all these things that were happening? How did they affect you?

A: Well, all during this period I had embarked on a search, a quest. I

went to a psychic for the first time in my life. She placed her fingertips on my chin and she said I had an implant in my chin. She said it had been placed there when I was a child and it was an alien monitoring device. Needless to say, I was shocked. I didn't know this woman and she - as far as I know - knew nothing of my experiences. She had me get out my compact and look at my chin in the mirror. Sure enough, there was a hairline scar under my chin, about two inches long. I checked with my family and friends to see if I was ever injured there when I was a child, or if I ever had to have stitches or sutures there. No one remembered anything like that. So I believe now that I had been monitored all those years.

Around this time, I sat down to write a letter to a friend. It was like I passed out. I unconsciously wrote two or three pages which had nothing to do with my friend.

Q: What was the nature of the material you had written?

A: It had to do with my being picked up as a child. There was something about their genetic makeup and how they were able to mingle with us.....and that their method of communication was a kind of unified state of consciousness like mental telepathy. They told me how I could best condition my mind to receive information from them in the future.

Q: When and how did you finally decide to seek help through the use of hypnotic regression?

A: Well, in 1985 and 1986 I had considered that; although as a fundamentalist Christian, I was afraid of hypnosis. We felt it was a way to open up a channel through demonic forces could gain entrance. But my curiosity and drive to understand my experiences made me finally seek out a hypnotist. In May of 1987 I had a hypnosis session in Arkansas with a woman named Delores Cannon, who was well-thought-of and had come highly recommended.

Q: What was the first experience that you explored under hypnosis?

A: We went back to the time when I was ten years old, visiting with my aunt in Tucson. It was close to dusk and I was walking in the desert near my aunt's home, looking for rocks, which I often like to do. I saw what I would now term a fireball which seemed to crash or land in the desert. Shortly thereafter, I was gingerly approached by a gray being, about five feet tall - taller than most of the gray beings I would later recall seeing. I guess he pretended to be looking for rocks, too. He had a rock and he wanted to know if he could trade his rock for the one I had in my fist, as a gesture of friendship. I said sure. He didn't want me to touch him. He held his open palm down below my hand and told me to just drop the rock into his hand. I lost consciousness and was taken on board a craft or ship where I was examined. One particular alien was very kind. He was much more human in appearance than the grays. I was to see him many more times in the future. I be-

gan to think of him as "The Doctor". To alleviate my fears, he told me to think of what they were doing as sort of a game, which he called "planting a garden". Suddenly, the next thing I remember was being back in my aunt's house.

Q: In all the abduction events, have they always physically examined you or done the same testing or procedures on you?

A: I believe that the abductors that have been dealing with me all these years have a specific project or plan in mind. This came out under hypnosis at a later date.

Q: How or when did you first become aware of a possible hybridization project involving yourself and your daughter?

A: Well, in my early twenties I experienced a series of strange pregnancies and miscarriages when I had been having no sexual relations. This led to a lot of stress that built up in later years. Under hypnosis I found that while I was in New Orleans in 1971, I had an abduction experience in which I became pregnant. They placed the sperm..... it was all very clinical.....they cultivated the sperm and the ovum and placed it back inside me. I became pregnant and after six or eight weeks, I miscarried. But what was strange was that there was no fetal tissue found. The doctors were baffled. They said I would had to have known or seen something, but I didn't.

But the strangest thing that happened was in 1975. I had just gotten married. All of a sudden it was like I was switched from "on" to "off". My husband and I stopped having sexual relations soon after we got married in August of 1975. Then, in February of 1976, I was working for a doctor - a gynecologist. I began to have some problems I couldn't explain. I really didn't even attribute it to the fact that I was missing my menstrual period. I just knew I was having some kind of problem: a woman's problem. But never in my wildest dreams did I suspect that I was pregnant. But in February of 1976 I had tests and it came back positive - I was pregnant. I was dismayed because, for one thing, I had never wanted children. So you can imagine not only my shock but the shock on my husband's face when he found out.

Q: Did you undergo hypnosis to determine how you were impregnated?

A: Yes. It was all very clinical. They inserted a long, tube-like thing into me - with what looked like a little, clear, egg-shaped object on the end - very tiny. It appeared to be a very simple laboratory procedure.

Q: You gave birth to a daughter in 1976. Has she ever exhibited indications that she is aware of what happened or how she came into being?

A: Well, when I had her, she looked like a little oriental baby. I was

convinced for a while that the hospital had switched babies on me. It only added to my paranoia when I was not even allowed to see my baby until almost four days after the delivery. I had a caesarian section. I also thought it was strange that my doctor immediately left town after that and another doctor took over.

I was afraid. I didn't know how to take care of a baby. I had never even wanted any children. But she was different; she was very special. She never even cried, except when she was in pain. She had problems with her ears. Her hearing was later checked and it was found that her hearing was extremely acute. She can hear sounds that normally only an animal could hear. She went on to have a pretty normal childhood. I never had to spank her. She was very easily disciplined.

Q: Had you ever discussed UFOs or extraterrestrial life or anything of that nature with your daughter?

A: No, never. The first exhibition of anything unusual came in 1987 when she had a very terrifying reaction to seeing Whitley Strieber, the author of COMMUNION, on the "Tonight Show". She was screaming, throwing herself down on the floor and kicking. The TV was turned off and she calmed down. Shortly, the TV was turned back on. Whitley Strieber was still talking and my daughter resumed her screaming fit. My mother was a witness to all of this. My daughter put her arms around me and clung to me and she has not been able to sleep by herself or in her room since that time. That seemed to start a series of things. She has exhibited behavior like.....she would draw pictures of UFOs and spacecraft, and she made a little clay figure of an alien - and we had never discussed anything relating to all of this.

Q: Didn't you and your daughter eventually have a UFO sighting together?

A: Yes. It was in May of 1986. I had recently returned from visiting out in Arizona. My daughter and I were out in front of our home in Tulsa. We saw a silver, disc-shaped object, with no wings or appendages, about 500 feet up. We then watched a black helicopter come into view. It began to circle the object, which had shown little or no movement. As the helicopter got closer, the object began to wobble back and forth. We were afraid it was in trouble and was going to crash. I ran into the house to get the binoculars and when I got back outside, the object and the helicopter were both gone. I asked my daughter what happened and she said the disc craft just disappeared as though a switch had been thrown, and the helicopter quickly flew off. Before we did anything, I asked her to come into the house and draw a sketch of what she had just seen. I did the same thing before we talked about the sighting, and both drawings were identical. About a week later, my daughter was with her grandmother and saw the craft. She saw it one more time after that when she was out in the yard alone.

One day, I asked my daughter why she was leaving me drawings of UFOs in my room, and the little clay alien figure she had made. She said,

"Mom, don't you realize I'm not from here. I'm from another place, another planet". And I realized she wasn't making a joke about it; she was serious. I deliberately did not want to elaborate with her or to place any ideas in her head.

Q: Did anything else happen to indicate an acceleration in her process of awareness or realization?

A: Well, not long after that she came to me to tell me of a very vivid dream she had. My daughter has claimed that she doesn't have dreams. Of course, we all dream; she just doesn't remember them. But in this case she had a very vivid dream she wanted to tell me about. She told me and I was in a state of shock. I ran to get the tape recorder and asked her to repeat it for me so I could get it on tape.

Q: Was this in any way similar to your series of "revelatory" dreams? Did it involve aliens?

A: She told me of being taken on board a spacecraft. She was asked to be a "helper" and was even shown how to operate the craft. She was shown what appeared to be a huge picture window out of which she could see stars. I was shown the exact same thing during the experience I had in 1962 when I was, like her, ten years old. She was being shown the same things. I knew then that she had, indeed, been abducted by the same people that had abducted me.

Q: Was it ever revealed to you who was the doner, or father of your daughter. Were you ever able to meet him?

A: Yes. In March of 1986 I had an urge to go to Orlando, Florida. I had a friend in Miami who agreed to meet me in Orlando, where we visited a man who was another friend of mine. One day when we had been out in the city, this man felt a strange compulsion to drive us all the way across town where we ended up in a record store, Peaches. In the store was a young, blond-haired man, taller than me though I can't say for sure how tall. I was drawn toward him, although he exhibited strange behavior. He told me not to touch him or to step any closer to him. I didn't understand why at the time, but I feel it was because of some kind of force field or charge that he gave off that could be harmful to us. I had a camera with me and I asked if I could take his picture. He let me do so. He said I could give a copy of my girlfriend, who was there with me, but that we could not show the photos to anyone for a period of one year. I honored his wishes. Now, I have the photo and can show it to anyone.

Q: Have you ever seen him again?

A: In August 1986 my daughter and I were in the Peace of Mind Metaphysical book store in Tulsa. I looked out the window and there was the same young man from Orlando, looking in at us. He seemed to be most interest-

ed in my daughter. By the time I negotiated through the bookshelves and got out to the street, he was nowhere to be seen.

The next time I met this young man it was under quite different circumstances. It was on the night of March 30-31, 1987. I was living in Tulsa. That night I took my mother's car and drove to an isolated area about 28 miles south of Tulsa. This was the only time I remained fully conscious as I watched a spacecraft appear and land. But I was then rendered unconscious because I do not remember going on board the craft. They took me on board and placed me on a table. I knew they were doing something to me but I did not know just what.

The only thing I could move was my head. I could move my head from side to side. As I did so, I saw a figure standing in a doorway. It was the young man I had seen in the record store in Orlando. It had been exactly a year before. He was wearing a uniform like the others on board. I then looked over to the being that has always dealt with me. He is not one of the little "grays". He appears to perhaps be a hybrid himself, although he is not as human in appearance as the young man from the record store. I had always thought of this being as "The Doctor". I telepathically cried out to him, I guess, wanting to know what the hell was going on. He told me that, yes, my suspicions were correct - that this young man - whose name was Aaron - was indeed the father of my daughter. I remember a surge of energy in which I found that I was able to get up off the table. I was confused and enraged. I was ready to fight them all. They shot some kind of blue beam at me and I fell to the floor, paralyzed again. Right before this, the "Doctor" looked over at Aaron and telepathically instructed him to leave the room, that he and I were to have no contact. I was told, however, that I would be able to meet with him one more time at some point in the future.

Q: Do you think Aaron is a human being or do you feel that he is himself a hybrid?

A: That's a good question. I believe that he may be a hybrid because when we met him in the record store, he warned us not to get too close. I believe this is because of some type of forcefield or energy that he emitted. I did indeed feel an "electricity" about him, as though you would feel goosebumps or your hair would stand on end. I feel that he is a hybrid himself and they are just crossbreeding and crossbreeding as the experiments continue. Aaron does look a lot like my daughter; but then again my daughter looks a lot like me, too. The only way to ever prove anything would be if we could get this young man to give us a blood sample.

Q: Do you think there have been other fetuses removed from you and that for whatever reason you were allowed to keep this particular child, your daughter?

A: After I was on more familiar terms with the leader - the "Doctor" - I asked him about this. He said that some of the other pregnancies were

aborted because something had gone wrong. It was almost as though they were experimenting to make a perfect child, a perfect hybrid. They allowed me to keep this one child to see how she would grow up and adapt in this society. Later, under hypnotic regression by Budd Hopkins, it came out that I have at least one other child. They removed her from me and she has been kept on board the craft with a sort of "nanny" to bond with her and bring her up. I was shown this child during one of my experiences. I wanted to somehow communicate with her. I wanted to touch her. But they told me to stay back, that I couldn't get any closer or touch her. I was told that I would be able to see her again, but she would never be allowed to live in an Earth environment. She would be brought up as one of them. So I guess it was a trade. I gave them a child and in turn they let me keep one. However, I must say that this "daughter" I saw on board did not look anything like my "earthly" daughter, so I assume she has a different father.

Q: Is the experiment completed? Or have you been told that it is ongoing?

A: There is an ongoing experiment which involves my family. It is cross-generational. It is a three-generation breeding program.

Q: Have you had any recent experiences, some which haven't been probed into using hypnosis?

A: I feel that I have. Just yesterday I feel that I saw an entity walking in the hallway. Another person might be scared to death. But I knew they were here. I can feel their presence. I know when they're around. I feel that I have been abducted again recently, in August of 1988. I need to be regressed back because I cannot remember much of it. Now, some people are able to remember their experiences without the help of a hypnotist; but others have trouble bringing this out into consciousness, and that's me.

Q: Some people have reported seeing symbols or emblems on board these craft. Do you recall anything like that?

A: Yes, I've seen symbols or writing that I don't understand. Also, I have seen an emblem I would call a winged or feathered serpent, with a lightning bolt behind it. So I began looking for other such cases. So far I've found 5 or 6 other cases where people have seen this type of emblem. I'm not saying we're all being abducted by the same people necessarily. I'm trying to determine the meaning of it. It may turn out not to be very important or to have all that much meaning - maybe just a form of identification.

Q: Have you ever detected any emotions in any of these beings? Anything like caring or compassion?

A: I cannot relate to the gray beings who seem to be doing the menial odd jobs on board the craft. I fear them. I do not like them. They appear to

me to be robots - emotionless. But there is one being who has always dealt with me. He is a hybrid himself. He is caring. He shows more emotions than the gray beings. But he is able to detach himself emotionally. I would say that, emotionally, even he is not like us.

Q: Do you feel that you have mostly been taken physically, or astrally or out-of-body?

A: Well, I would have thought that abductions pretty much had to be physical. However, after talking with people such as Dr. Kenneth Ring and Dr. Jacques Vallee, I began to understand that there could be much more to this. I have had experiences where I have been taken astrally. I do not know just how they are able to do it. Also, I know that they are able to project themselves to me as a sort of hologram. And, I believe that somehow your consciousness is taken during the dream state.

Q: You feel that you've been implanted with "something". What do you think is their purpose in doing this?

A: They've been able to monitor me in this way. One was placed in a certain area of my body and then removed and placed in another area. I have scars.....I can't prove that there's an implant in there. But I do believe that they are able to track me anywhere I go.

Q: Looking back over the relationship you have had with the aliens, how comfortable or uncomfortable do you feel about your dealings with them? To what extent have you been traumatized? Do you feel a great deal of fear, other than that specific fear or the gray aliens? Or have you come to think of the totality of your experiences as basically positive or beneficial?

A: All in all, I'm much more comfortable with it now, because, you see, I was really going down the drain. I was getting to the point where I was about to have a nervous breakdown. Fear is the worst emotion you can have in dealing with these people - because somehow, sometimes fear attracts them. I was able to somehow just cut myself off from that fear and just say, "Hey, I'm not going to be afraid any longer". I came to the realization that this was an ongoing project and I have to accept the fact that it is going to be done anyway. So I began to look at it in a more positive sense, and I think I've been able to get a much more productive relationship out of this deal - rather than, like some people, claim that the aliens are evil and are out to invade and consume us and perform horrible genetic experiments on us. A lot of people have been traumatized by this, but this only happens if you allow it, if you don't understand.

Q: So you feel that - whatever these experiments are - there is at least a good possibility that this is not only for their own good but for our benefit, as well?

A: I have to believe that. Being brought up the way I was taught that Jesus was placed here as an example for the way we should live. I believe that they (the aliens) are here to do the same thing. It is obvious that there are different and diverse factions of aliens, some working at cross purposes against each other. Some are evil and may very well be here to do harm to our animals as well as to humans. But there is a balance. There are positive ones here. They are cross-breeding in an attempt to produce a more efficient, positive entity.....a better person. For one thing, they are striving for a person that does not need warfare to survive. It's true, silly as it sounds. You know - if we are not at war with our neighbor, something is just not right. So I believe they are trying to create a race that can get along with each other and love unconditionally.

I've been through different stages in my relationship with these aliens. I've been through fear. I really feel at this time that I have a positive relationship with them. I feel they have helped me to understand more about myself, more about God and my own spiritual development.

Q: So - rather than feeling like you've been just a traumatized victim - you definitely feel it's more of an honor to have been chosen to be a part of this?

A: Yes. I think that many of us - and there are thousands that have been abducted - are specially chosen. Some of us were chosen.....or actually, accepted this mission before we came into this life, into this body. In my case, that's what I was told - that I had accepted a specific mission here - something that I am supposed to be doing. I know what it is and I'm trying to do it. I am trying to help other people to get through these experiences. I derive much satisfaction out of helping and counseling people who have had these types of experiences and who are having difficulty coping with it or understanding what is going on.

Q: What, then, would you tell others who have been through such experiences and who, unlike you, are still faced with fear and trauma?

A: I would tell them to stop trying to deny what is happening to them. Try to work through the fear and seek out something positive in the experience. Everyone speaks of the truth and of seeking the truth. I think what the aliens want me to say to people is to look deep inside yourself and it is there that they will find the truth, their truth.

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#### SON OF HARMONIC CONVERGENCE

In an "Open Letter To The World Community Regarding UFO Contact", Harmonic Convergence quarterback Jose Arguelles of Boulder, CO is promoting a "collective human mind harmonic grid" on Dec.31,1989 - with people resonating and in focus at 144 key sites around the globe, the idea being to signal to aliens in UFOs that communication from them is welcomed and is needed. Calling it the "'Manhattan Project' of the human imagination, Arguelles believes that "the UFOs are here to benefit us".

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#### A CASE WITH MANY SIMILARITIES

Winged serpent or feathered serpent symbols have been seen on emblems worn by aliens from many different factions. This is not the only symbol of this kind we have seen in UFO cases. We will feature only three UFO cases that have claimed viewing this strange and intriguing symbol that dates back to ancient cultures such as the Aztec and Mayan civilization.

The first symbol was seen by Christa Tilton in the early fifties. It was a symbol seen on the patch the alien wore on his right chest. It is interesting to note that the alien "Maijan" who has dealt with Christa all her life has always worn this same feathered serpent emblem. He claims to be from a planet called Agara in the star system Electra in the Pleiades constellation. He also claims to have ancestors from the Aztec and Mayan race. The second winged serpent symbol was seen by a William Herrmann of Charleston, South Carolina. Mr. Herrmann was repeatedly abducted by beings who told him they were from a star group we call Reticulum. The leader also wore a similar symbol on his left chest. His abductions were taking place in the late 1970s. The third winged serpent symbol was seen in the 1960s by a police officer of Ashland, Nebraska. He was a veteran for the armed forces and was a highly respected officer in the police department. Mr. Herbert Schirmer's UFO abduction case has so many similarities to that of Christa Tilton's UFO abduction case that we can only relate the most important correlations here, which number in the fifties! It should be noted here that Christa Tilton knew nothing of the Herbert Schirmer case, or even that it existed. A UFO investigator familiar with the case helped to correlate the similarities which are noted below.

1. Both experienced paralysis during the abduction phase and also aboard the craft before being released from this condition by the ETs.
2. Both were led up a dirt road into a scrub brush area for the contact.
3. In both cases the abductee's car engine quit and lights went out.
4. The object was of thick biconvex lenticular shape in both cases.
5. The craft in both cases had blinking lights around the equator.
6. Both craft had a radiant glow surrounding the ship's lower half.
7. Both ships extended cylindrical telescoping legs for landing.
8. Both ships landed in a scrub area in a field beside the road.
9. Both abductees lacked the ability to resist their capture by ETs.
10. Both abductees were extremely impressed by the ET being's eyes.
11. In both cases the ships had a rectangular door in the exact place.
12. Both abductees reported the inside of the ET craft was colder.
13. Strange looking high-backed one-legged chairs were seen by both.
14. Both abductees heard what sounded to them like spoken words in their heads.
15. Both abductees have had things inserted into their minds without their direct knowledge.
16. Both abductees were told something about the craft's power units.
17. Both ships had viewing and display screens arrayed on the walls.
18. In Christa's case ova has been repeatedly extracted by the ETs.

19. Both abductees were shown the ET's home solar system in the wall-mounted viewing and display screens.
20. In both cases the strange one-legged chairs were mounted on a track or in a slot that ran in the floor in front of the consoles.
21. In both cases a strange symbolform of writing was seen aboard the ET vessel.
22. In both cases the voices heard did not come from the ET's mouth.
23. In both cases the voice was strange and mechanical sounding.
24. The alien male supervising the abduction operations and the examinations aboard the ET ship in both cases was described in very similar terms.
25. In neither case did the extraterrestrials use any atmospheric or environmental support equipment in our ambient atmosphere.
26. In both cases the ET male had a larger head proportionately than normal Earth humans.
27. In both cases the skin color was a greyish-white to sallow grey in color.
28. Both ET males had large eyes with thin eyebrows above them.
29. The pupil was large and black or all pupil in both cases.
30. The lips were very fine and almost fleshless.
31. The descriptions of the grey fabric suits was almost the same.
32. The suits were one-piece outfits in both cases.
33. In both cases a winged serpent was the emblem in a background shield.
34. In both cases the suit continued up over the head with an opening only for the face.
35. The headcovering hood had something like earmuffs on the sides.
36. In both cases the ETs spoke both audibly and mentally.
37. The audible voice sounded strangely mechanical and synthetic.
38. In both cases the ETs used language translating computers.
39. Both abductees were given information about the ET's ship's power and propulsion and control systems.
40. Both ~~abductees~~ experienced the "crawling" sensation under their skin and paralysis.
41. In both cases the ETs were conducting genetic experiments on humans.
42. They both were carrying out experimental breeding programs on us.
43. In both cases the ETs were especially interested in controlling the abductee's brain and brain chemistry.
44. In both cases the ETs have demonstrated control of the abductee's brain.
45. In both cases the abductees were unable to resist the control.
46. In both cases the ETs were able to block the release of certain information by the abductees, even under hypnosis.
47. In both cases a winged serpent was seen in the insignia worn on the

breast of the Et suit.

17

48. In both cases the winged serpent emblem was superimposed on a shield-shaped background.
49. In both cases the Et craft was a biconvex lenticular form.
50. In both cases the ET craft extended cylindrical tripod landing legs from the bottom of the craft and landed on them.
51. In both cases entry was through a rectangular hatch about midway between the bottom center and the outer rim of the craft.
52. In both cases a man came out of the ship and walked over to the abductee's car. Both cars were stopped by the ETs.
53. On both ships the blinking lights around the rim of the craft stopped as soon as the landing ship was on the ground.
54. When the lights stopped blinking and dimmed it signified that the ET craft was on the ground.
55. All the lights blinking dimmed out when the ship was on the ground.
56. Both domes of both craft were full curved equal sections of the arc of a circle.

From this it may be seen that there many similarities between Christa's case and that of Herbert Schirmer, and we can see that the correlations of the two cases do not stop there. It does not mean that the two cases are related, but it does explain that the phenomenon is widespread and not as uncommon as we had thought. Here are the three winged serpent symbols and the alien writing offered here for your examination and comparison. They come from three different UFO contact cases where the contactee in each case was totally unaware of both of the others during the development of the contacts.



Emblem seen by  
Christa Tilton

7  
A  
7  
2  
1  
A  
7



Emblem seen by  
Bill Herrmann

E  
A  
1  
9

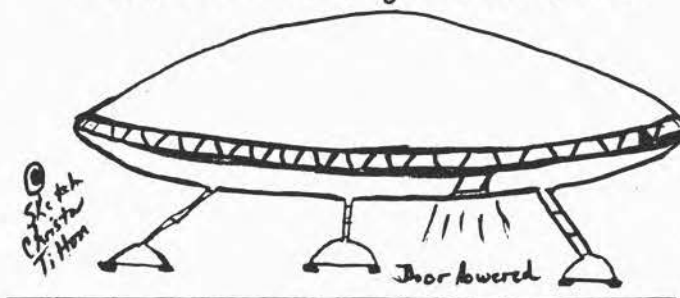


Emblem seen by  
Herbert Schirmer

3 4 3 x

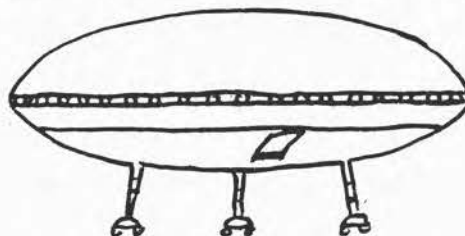
March 30-31, 87 Lights flashed in sequence as it landed. When it landed lights ceased to blink.

TOP: Craft seen by Christa Tilton in the early morning of 3-31-87, about 28 miles south of Tulsa, OK. She watched it land. The lights were bright and were flashing in sequence. The closer the UFO got to the ground, the slower the lights would flash. When the craft was 3-4 feet from the ground, the landing gear extended and a door underneath opened. The craft bounced gently as though on shock absorbers.

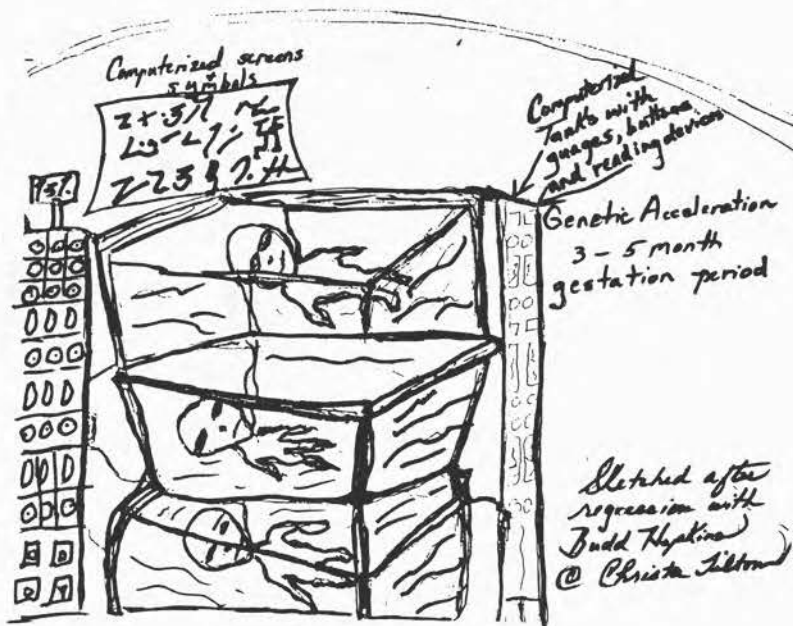


BOTTOM: The craft seen by Ashland, Nebraska policeman Herbert Schirmer in the Fall of 1967.

Craft seen by Herb Schirmer  
Police Officer - Ashland, Nebraska



RIGHT: Fetuses and incubators seen on board a craft by Christa Tilton in 1988. She recalls being taken to an underground facility many years ago and seeing the same type of incubators. She was not allowed to touch them.



## UFO ABDUCTEE TRACKED BY GOVERNMENT AGENT

MANY PEOPLE REPORT ABDUCTION EXPERIENCES. BUT THERE IS AN ASPECT OF CHRISTA TILTON'S ACCOUNT WHICH - AS FAR AS CAN BE DETERMINED - IS NOT COMMON TO MOST. MOST ABDUCTEES, WHETHER THEY EXPERIENCE ISOLATED OR REPEATED INCIDENTS, ARE LEFT TO STEW IN THEIR OWN JUICES - OFTEN WITH NO ONE WITH WHOM TO CANDIDLY DISCUSS THEIR EXPERIENCES, MUCH LESS WITHOUT ANYONE OFFERING CORROBORATION OR SUPPORTING EVIDENCE FOR THEIR ACCOUNTS, FOR WHATEVER CONSOLATION THAT WOULD BE (AND IN MOST CASES THAT WOULD BE SUBSTANTIAL, TRAUMA-DISPELLING CORROBORATION). CHRISTA TILTON HAS HAD COMMUNICATION BY PHONE AND IN PERSON WITH A MAN WHO NOT ONLY EXHIBITS INTIMATE KNOWLEDGE OF HER EXPERIENCES AND HER LIFE IN GENERAL - HE IS ALSO AN AGENT OF THE FEDERAL GOVERNMENT. CHRISTA WAS INTERVIEWED REGARDING HER CONTACTS WITH THIS MYSTERIOUS INDIVIDUAL (HE WILL BE REFERRED TO HERE AS "W.C." - NOT HIS TRUE INITIALS):

Question: How did you first meet this man, and when?

Answer: The first meeting occurred in August of 1987, in Arizona. He came up to the house where I was staying. I opened the door and he showed me some type of identification card in a leather-bound holder that opened up. The card had his picture on it.

Q: Did you see the name of the agency he represented?

A: It either said "DIS" or "DIA" on it.

Q: Was this man alone?

A: At first I thought he was, yes. I invited him in and we spoke for about an hour. When he left I walked him out to his car and I realized that a man was sitting in the car waiting on him.

Q: What did this man want from you, or what was the purpose of his visit?

A: Well, his purpose.....none of us really know what the purpose of such visits are.....but he claimed that he was there to warn me not to marry a certain person.

Q: Why would he take such an interest in your married life or personal affairs?

A: Because the person I was about to marry was well-known in ufology and had worked on a lot of abduction cases.

Q: So this man seemed to want to warn you. Did he also try to elicit any information from you?

A: First I wanted to interject that there had been a phone call placed by

a man trying to stop this marriage. He was finally identified by some authorities, but his identity has been kept secret from me to this day. But, yes, the visitor did ask me about my abduction case. He wanted to know every detail about what I remembered. I was frightened and I wasn't altogether friendly toward this man. I wasn't sure of his intentions. I had heard of these "government visitations" before. I suppose I really wasn't ready for it. I didn't think it would ever happen to me. So I told him that a lot of what he was asking was none of his business, and he said it was.

Q: Did he say anything to indicate that he already had a lot of knowledge regarding your experiences?

A: At that time he didn't, but I found out later that that was indeed the case. Looking back, I can see that on that first visit he was just trying to establish a relationship. You see, he knew it was going to be an ongoing contact, and I didn't. I think he was trying to let me know that I had nothing to fear from them - that he was really trying to help me.

Q: Did he give you any information you didn't know or hadn't heard before?

A: He told me there was a government listing of people who had been abducted. I had heard about this before, and he confirmed it. I asked if I was on the list and he said "Yes". I asked if he could show me any proof or documentation about my abduction experiences. He had some papers with him but he wouldn't show them to me. He said he couldn't. So it was very difficult to get any information from him. He did most of the questioning.

Q: How soon after that first meeting did you see him again?

A: Just a few months later. He showed up on my doorstep in Tulsa, Oklahoma. This really frightened me. My mother and my daughter were there and they had left together, then he showed up at the door - he must have been watching the house. We got into a rather heated discussion. He was probing into a trip I had made to New Mexico, to a certain area to which I thought I had been taken during an abduction. He was warning me to stay away from that area, that it was dangerous. I have since been warned by several other people who have told me the same thing - warning me away from that area. But I think this man knew that I had been abducted and taken to this place. I believe now that he was only warning me for my own good. This man has warned me not only about places but about certain people, as well. It seems strange that someone would have such a relationship with a government agent. At the time of that Tulsa visit, he proceeded to tell me about an abduction experience that I had had in Tucson in July of 1987. The only people who knew the details of that particular experience had been Budd Hopkins, who had hypnotized me, and me. I have no reason to think that this man ever had contact with Budd Hopkins. He claimed that he was there with others to view this abduction, and that there were photos and videotapes to prove it.

Q: Well, from what you are saying, it implies that these people have some way of knowing about or anticipating the abduction so they can be there.

A: Yes. I asked why he didn't try to stop what was going on. They were physically dragging me over rocks to get to the ship. They were gray beings. They had rendered me unconscious. I was laying on my back with just a thin nightshirt on. One being had me by one arm, the other had me by the other arm. They dragged me up a hill over these rocks. The day after that, I had these marks on my back. A friend of mine looked at my back and took a photograph of the marks. I had no memory of how they got there. The night before, which was July 6, I was talking to you (the interviewer) on the phone when I told you that an orange ball of light passed through the room and out the other side. I felt their presence then and felt that they were just outside my window. I told you that.

Q: Yes.

A: After finding the marks on my back, I made a note of the date so that I could be hypnotically regressed concerning that night. The whole abduction experience came out....what they did to me. It was not an entirely pleasant experience. They removed a fetus from me. There discussions about "emotions", "hormones" and a "chemical imbalance in the brain". And, at that time, I was told that my daughter had been abducted. W.C. convinced me that he was there. So, yes, they did have a way of anticipating this abduction. I don't know if it was staged or what. But it appears that the government has a great deal of interest in my case and in the genetic experiments that are going on.

Q: Since you first met W.C. in Arizona, how many times would you say you have contact with him, in person or by telephone?

A: I would say from 10 to 15 times. I was not the only person he was dealing with or checking on. He had other abduction cases he was following up on. So I began to feel that maybe they are assigned two or three different cases, depending upon how much they can handle. I have asked him before if he could tell me who any of the other abductees were. He said he couldn't but I had the impression they were from this part of the country - the southwest and south-central portion - that these operatives probably work in a certain region or geographical area.

Q: Do you feel that this man has really developed a friendship with you, a concern for your welfare, beyond whatever he is supposed to do in order to monitor your case?

A: Well, it seems that way....we have a rapport. He was warned me about and given me names of specific people. Why he did this I don't know. But each person he has warned me about....well, from their actions it seems he was justified or knew what he was talking about. This man has never threatened me....he's not an M.I.B. I know that a lot of people report being threatened by what seem to be or claim to be government men. Sometimes

it almost makes me feel uncomfortable the way this man seems over-protective of me. I think he is being monitored, too - that there are superiors over him who are calling the shots.

Q: Have you heard from him recently?

A: I had a call from W.C. in early August of 1988. He said he was going to be on a specific mission for 2 to 3 weeks, that he would be out of touch and that he would be in a very sensitive area. He told me that if I didn't hear from him by August 15th, to expect the worst. I didn't want to hear that, because I had actually come to kind of like the fellow. I felt we had developed a friendship. And, well.....I wanted to keep my foot in the door with him because of the information he was giving me on specific people. I didn't hear from him for quite some time, though eventually I did. He told me once that I would be contacted by two people, within a week or so of his talking to me - that one of these people would be positive and beneficial and helpful to me and that the other person would be quite the opposite.....another warning. This did happen. There is also another government operative, a woman, who has been assigned to me and my case - to keep an eye on me - and she's done a pretty good job.

Q: Have you ever been able to find out where W.C. lives or is stationed?

A: Yes, finally. He is stationed at a major military installation - one of the most sensitive in this country - and he has been there for quite some time.

Q: This man, as with other people and agencies within the government, appears to know much more or to have access to much more evidence relating to UFOs and abductions than we have in the public sector. I wonder what he feels should be done with this information and whether he thinks it should be made public.

A: I know he feels it is his duty to keep these secrets. He is a very patriotic man. But he has told me that there are several alien factions on earth and that some of them can pass for human. The man is cautious. He knows that I am going public with my story; but he wants me to be cautious, too, about what I say.

I spoke for a UFO group in Dallas and he was there in the audience. He was simply monitoring what information I was giving out to the public. He asked me some questions from the audience. There was about seven minutes between his first question and his last. We received the "official" audio tapes of that meeting and that entire seven minutes had been deleted; he was not on the tape at all. How did we know about the missing 7 minutes? Because we had made our own tape of the presentation. So I definitely feel he was in contact with someone in that group and was maybe calling some shots. He will not put his voice on tape, not even on an answering machine, and he will not allow himself to be photographed.

(TO BE CONTINUED)



John Lear stands by his evidence that the U.S. government is hiding its association with alien beings

## Former CIA pilot, others say aliens are among us

ABOVE: John Lear of Las Vegas, Nevada, currently/commercial, former/CIA pilot, is scheduled to co-host (along with Hal Starr of Phoenix) the 1989 Mutual UFO Network (MUFON) Symposium in Las Vegas in Summer 1989.

### ACKNOWLEDGEMENTS

An abductee is probably the most vulnerable person in the world. In the beginning confusion takes its toll and they are in need of anyone who would be willing to lend a helping hand. We don't expect a handout, just a kind soul to lend an ear and give us some positive advice. Most of the UFO abductees are frightened by the negative doom and gloom approach to UFOLOGY and need support and positive input. to help them overcome the initial shock of remembering their actual abductions. Though traumatized in the beginning, I've learned that by working with positive people who truly care about us, the abductees, that there is indeed a light at the end of the tunnel. Though most UFOLOGISTS turned their back on me because of the bizarre nature of my case, there were two who did not.

Though Dr. Kenneth Ring, psychologist at the University of Connecticut doesn't consider himself an expert in UFOLOGY, he has probably one of the most professional explanations of what might really be happening to the abductee. Through his research, he has been a source of light in my life. He took the valuable time out to listen to me on the phone or write me a letter offering his assistance. It did help me understand my life a little better and put my abductions in perspective for me. But most of all, he helped me to overcome my fear of death and the unknown. For this Ken, I send my love and extend my thanks. You truly are an angel sent to help us understand why we have to go through tribulations sometimes to get to the root of the truth. I am proud to call you my friend, Dr. Ring.

There is only one other person who has lived through my "personal hell" with me and taught me that my experiences however bizarre they may seem, are tools through which we can learn. And only by experiencing the positive side, can we be considered an expert in this field. So Tom Adams, your loving wife is indebted to you forever. If it had not been for your loving trust and kindness, I may not be here today.

And last but not least my gratitude to Shirley MacLaine who taught us all that to get to the truth we have to go "Out On A Limb!" She did and so did I.

Christa Tilton

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## UNCOMMON CLAIMS — UNGUARANTEED OBSERVATIONS

DATA-DUMPING AND RUMOR-MONGERING TO FEED AND NURTURE THE FESTERING TABLOID PROCLIVITIES OF INFORMATION-FREAKS AND FACT-FIENDS EVERYWHERE.....

Jose Arguelles (see page 14, bottom) had better hurry it up. According to John Lear (see page 23), we have maybe two years before a complete & total alien invasion-takeover is consummated & finalized.....According to a Pueblo (Colo.) CHIEFTAIN clipping (11-17-88) we received from David Perkins, a man & woman in Canon City, CO were playing around with a Quija board when an evil spirit "left the board and attacked the man". The woman told police his voice became low and his eyes "glowed with a red tint".....Update on the "Grudge 13" report we began covering in STIGMATA several years ago: "Toulinet's" real name is William English. After having dropped out of sight for several years, Bill English has resurfaced and has been in contact with us at CRUX. He steadfastly stands by not only his "Grudge 13" story but his account wherein he witnessed the demise of two friends as they investigated a UFO crash/landing site in New Mexico.....The Very Large Array (VLA) radio telescope system on the Plains of San Agustin in western New Mexico is part of the National Radio Astronomy Observatory. A new instrument, the Very Long Baseline Array (VLBA) is under construction at the New Mexico site. Allegations from multiple sources have it that the VLA is not only set up to receive signals from stars, galaxies, quasars, etc. - but that it is transmitting, as well - and that communications with extra-terrestrials is what the VLA (and the NRAO?) is all about. And what was the recent collapse of the radio telescope at Green Bank, WV (also under the NRAO) all about??.....Does anyone know what's really happening at Blue Diamond, Nevada?? Please keep us posted. ....Because of his long-time and dedicated interest in UFOs, Army Sgt. Clifford E. Stone suffered many months of harrassment on his job at the New Mexico Military Institute in Roswell, New Mexico. He received unsatisfactory performance ratings (after having received consistently excellent ratings) and he was pressured to retire early. He ended up suffering from insomnia & severe anxiety. Recently, though, he was vindicated by the Army's finding that his harrassment was indeed unjustified and was an over-reaction by his immediate superiors to Cliff Stone's personal interest in UFOs.....A man, who prefers to remain anonymous, has recently surfaced with proof that that is, indeed, an underground facility near Dulce, NM. He claims to have headed a construction crew which dug the actual tunnels there many years ago. Rumors, speculation and interest abound in the whatever-it-is below Dulce.....There are now reports of a possible alien-controlled underground base northeast of Albuquerque, NM. Craft & strange lights have been observed going in and out.....Add this to your list of the-most-unforgettable-bus-driver-I-ever-met stories: In Albuquerque, the son of a man ran to his father to tell him of the driver on the city bus he rode home. The driver with a large head, strange large eyes & elongated fingers, did not look altogether human. Impressed with his son's earnestness, they hopped in their car, tracked down the bus & got on board. The father confirmed his son's story. CRUX had heard elsewhere that a handful of aliens were being allowed to mingle in society in the Albuquerque area - and that one was a bus driver!! .....In May 1962, waitress/barmaid Ester Ann Marsh said her boss Jack Ruby told her to prepare a table for seven men in the back of the Carousel Club in downtown Dallas. Six of the men were well-dressed and ordered mixed drinks. She remembered the seventh, a "wimpy-looking little guy" who ordered only beer. Following the events in Dallas of Nov. 1963, she told her family that the beer-drinking wimp was Lee Harvey Oswald. She was "scared to death" and told no one else until she was interviewed by Fort Worth STAR-TELEGRAM columnist Jon McConal (7-2-88).....It has been alleged to CRUX that a man in Albuquerque (who may be an Air Force officer) has been directed to ferret out the UFO abductees & contactees who feel that aliens are benevolent & silence them, with extreme prejudice if necessary. True? We hope it's merely intimidating disinformation.